

Shiksha

Sanskar

Swavalamban

# Shiksha Sopan

An Initiative of IIT Community for social upliftment

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Newsletter November 2019



October brought very special occasions. First was 2nd October when the Nation celebrates Birth Anniversary of Mahatma Gandhi and Lal Bahadur Shastri and then Dussehra and Diwali. Centers celebrated all these with great enthusiasm. Month of October was very enjoyable to all of us.

## Sopan Anaupcharik Shikshan Kendra (SASK)

SASK had several programs in this month apart from 2<sup>nd</sup> October and Dussehra-Diwali. For the first time the center decided to participate in National Children Science Congress and projects were given accordingly. Several other events also conducted apart from the regular classes.

### **Gandhi Jayanti**

On 2<sup>nd</sup> October Children of SASK celebrated Gandhi Jayanti as well as Lal Bahadur Shastri's Birthday. On this occasion Prof. Arun Kumar Sharma (IITK) was the Chief Guest of the program. In the program children presented a small skit " स्वस्थ और स्वच्छ भारत ". Muskan (student of class 2) recited a poem " गांधी का जन्म दिवस आया ". Subhendra ji and Shirish ji (PhD Students IIT Kanpur) told life events of Gandhi ji and Lal Bahadur Shastri ji.



### **Uniform Distribution**

2<sup>nd</sup> October Shiksha Sopan distributed uniform and stationary to 40 children from class 3 to class 8. This distribution was made by the Chief Guest Prof. Arun Kumar Sharma. Children were very happy by getting this Uniform. Children also gifted handicraft things to the chief guest.



### **NCSC Preparation**

From 3<sup>rd</sup> October children were given special sessions to prepare for NCSC (National Children Science Congress). Shrish Gupta (IITK PhD Student) and Krutharth Patel (IITK M.Tech) regularly visited the center and conducted practice sessions for selected students for NCSC. These students will present their science project on 7th November at GIC Chunniganj.



## **A P J Abdul Kalam Jayanti**

On 15<sup>th</sup> October SASK celebrated the birthday of Dr A P J Abdul Kalam. On that day all students remembered him and Seema ji told his life story. She also told why he was also famous by the name of Missile Man and why he was so popular as the 11<sup>th</sup> president of our country.

## **Visit by Ph.D. Students**

On 18<sup>th</sup> October, Shirish ji, Akhilesh ji, Ankit Yadav, Shrinath, PhD students of IIT came to Shiksha Sopan Anaupacharik Shikshan Kendra. They all came on behalf of IEEE and distributed diary and pen to all the students of the learning center and discussed with the children about their studies.



## **Yoga Classes**

On October 19, at Shiksha Sopan Anaupacharik Shikshan Kendra, PhD students Shirish Ji and M. Tech. student Krutartha Patel started yoga classes. At this occasion, the Chief Guest Dr. S.L Yadav Ji (Yoga and Naturopathy Specialist) worshiped Saraswati Mata and started yoga class. Dr. S.L Yadav ji gave the Yoga (Ashan and Pranayama) session to children from class 1 to class 8. In this, all children were taught Vajraasan, Padmaasan, Naukaasan, Tadaasan, Pavanmuktaasan, Pranayam-Anulom-Vilom, Om Ka uccharan



Dr Yadav also told the children the benefits of yoga. He explained that by regularizing the body, the body remains free from diseases. Children had a lots of fun in the yoga class. Yoga class will be held on every Saturday, which will be conducted by Surjeet, a student of class-8 and Lakshmi of class-8.

## **Rangoli Competition**

On 25<sup>th</sup> October, Rangoli competition was organized on the occasion of Diwali at Shiksha Sopan Anaupacharik Shikshan Kendra. Children from class 4 and 5 were included in this competition. Rangoli competition was judged by IIT students Shirish ji and Krutarth ji. They selected the children in the first, second and third Position on the basis of Design, Colour and Neatness. They selected for Ist Position-Muskan, Divya, Lakshmi and Jaya, IInd Position- Anahita, Kashish, IIIrd Position- Surjeet, Gaurav.



## **Barasirohi Evening Center (BEC)**

At BEC about 80-90 students from the locality come for after-school help. Together with teaching by our volunteers several other programs are held to develop the children as responsible assets of the Nation. Some of these, held in October are given below.

### **Drawing class**

On 1<sup>st</sup> October Vijay ji (IITK, B.Tech) took special class of Drawing for students from class 3<sup>rd</sup> to 10<sup>th</sup>. He told to students how to make drawing in simple way. Initially children learned to draw natural things. Children also learned to make drawing of Mahatma Gandhi.



### **Gandhi Jayanti**

On the occasion of Gandhi Jayanti BEC organized Essay competition from class 4<sup>th</sup> to 8<sup>th</sup>. The topic of the essay was " Swachch Bharat Abhiyan, Plastic jeevan ke liye abhishaap, Atankwad ki samasya and Mahatma Gandhi ji". In this program Khusi Bajpai got 1<sup>st</sup> prize and Divya got 2<sup>nd</sup> prize.



### **Yoga Learning Program**

On 5<sup>th</sup> October Gaurav ji, a student of BHU Varanasi, visited the centre. During this visit, he interacted with children of BEC . Gaurav ji told them to do exercise and yoga regularly. He also told the benefits of the yoga in our life. He also gave yoga practice to children from class 3<sup>rd</sup> to class 5<sup>th</sup>.



### **Preparation of Diwali**

On 22<sup>nd</sup> October Meenakshi ji discussion held on preparation for Diwali with children of BEC and volunteers. Deepti ji and Abhishek ji colored the Deepak's (Diya) together with children. On the same day Geeta ji and Kshma told the story behind the Diwali and described why we celebrate Diwali. At the end, Meenakshi ji gave blessing to the students and asked them to enjoy SAFE Diwali.



## **Sopan Library**

In Sopan library, children celebrated 2<sup>nd</sup> October on the occasion of Gandhi Jayanti and Lal Bahadur Shastri's Birthday. On that day Children recited poems about Gandhi ji and Lal Bahdur Shastri Ji.

Every Monday, Library member Mrs. Bapat ji teach a lesson from Bhagvad Geeta to the students.

Dussehra and Diwali were celebrated at Library with good amount of JOSH.



## Science Cell

This month science cell team made a grass cutter machine by using sewing machine motor. The main work in making grass cutter was done by Vijay, Abhishek and Ranjit. They did all the metal cutting, welding, electrical circuitry and everything. It was a great learning for the team as they took up such a real life project for the first time. This machine is very safe to use and it less power consuming. It is light in weight so it is easily movable on the grass.



## Sopan Ashram Evening Centre

That activities of SAEC are described in a separate write up SAMVAD prepared by the children themselves. This file is also attached with this newsletter.

अंधकार को क्यों धिक्कारे, अच्छा हैं एक दीप जलायें

## Other Information's

**Web site** : For more details please visit [www.shiksha-sopan.org](http://www.shiksha-sopan.org)

**How to donate:** [Shiksha Sopan](http://Shiksha Sopan)

(a) You can pay through credit/debit card by going to [www.godparents.in](http://www.godparents.in), clicking "support a child" from the left top panel, selecting Shiksha Sopan from the "caretaking NGO" list at the bottom left of the page and then selecting a child from the list. Click on "Be my Godparent" below the photograph.

(b) You can write cheques/draft for donations in the name of "Shiksha Sopan" payable at Kanpur and send to the address given below.

(c) Online transfer can be made in State Bank of India, IIT Kanpur branch. Account No. **10426002488**, Account name "Shiksha Sopan", IFSC code **SBIN0001161**

(d). People in US can use the link <http://www.iitk.ac.in/dora/donation/PayPal/> and Choose Shiksha Sopan Charitable Contribution to donate through IIT Kanpur foundation using credit cards. All donations are 100% tax deductible in the United States. IIT Kanpur Foundation (Tax ID: 94-3370645) is Tax Exempt under 501(c)(3) classification of IRS.

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